

## Amplite™ Colorimetric Total NAD and NADH Assay Kit

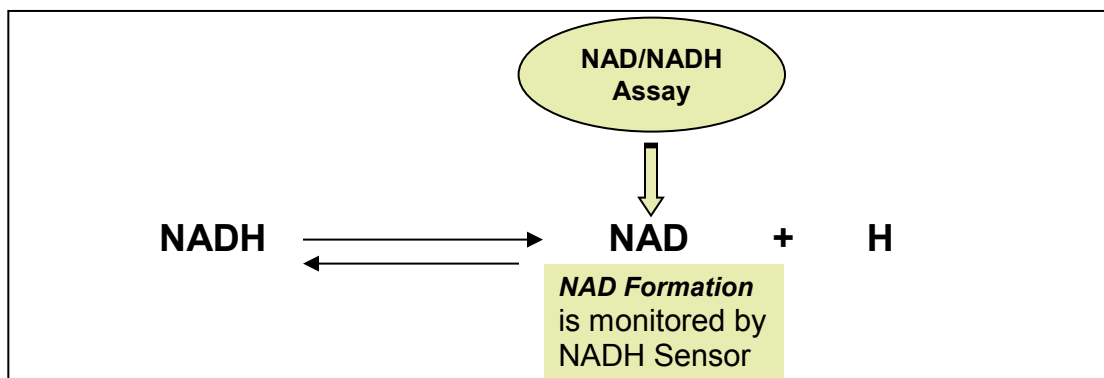
### \*Blue Color\*

Ordering Information	Storage Conditions	Instrument Platform
Product Number: 15258 (400 assays)	Keep in freezer Avoid exposure to light	Absorbance microplate readers

### Introduction

Nicotinamide adenine dinucleotide (NAD<sup>+</sup>) and nicotinamide adenine dinucleotide phosphate (NADP<sup>+</sup>) are two important cofactors found in cells. NADH is the reduced form of NAD<sup>+</sup>, and NAD<sup>+</sup> is the oxidized form of NADH. NAD forms NADP with the addition of a phosphate group to the 2' position of the adenyl nucleotide through an ester linkage. NADP is used in anabolic biological reactions, such as fatty acid and nucleic acid synthesis, which require NADPH as a reducing reagent. In chloroplasts, NADP is an oxidizing reagent important in the preliminary reactions of photosynthesis. The NADPH produced by photosynthesis is used as reducing power for the biosynthetic reactions in the Calvin cycle of photosynthesis.

The existing NAD/NADH methods suffer low sensitivity and high interference since the assays are done in the UV range. Our Amplite™ Colorimetric Total NAD and NADH Assay Kit provides a convenient method for sensitive detection of NAD and NADH. The enzymes in the system specifically recognize NAD/NADH in an enzyme cycling reaction that significantly increases detection sensitivity. In addition, this assay has very low background since it is performed in the longer wavelength range that considerably reduces the interference resulted from biological samples. There is also no need to purify NAD/NADH from sample mix. The assay has demonstrated high sensitivity and low interference with absorbance at ~576 nm.



The Amplite™ Colorimetric NAD/NADH Assay Kit provides a sensitive, one-step assay to detect as little as 30 picomoles of NAD(H) in a 100 μL assay volume (300 nM; Figure 1). The assay can be performed in a convenient 96-well or 384-well microtiter-plate format. Its signal can be easily read by an absorbance microplate reader at ~575 nm or at the absorbance ratio of ~570 nm to ~605 nm to increase assay sensitivity.

### Kit Key Features

<b>Broad Application:</b>	Can be used for quantifying NAD/NADH in solutions and in cell extracts.
<b>Sensitive:</b>	Detect as low as 30 picomoles of NAD/NADH in solution.
<b>Continuous:</b>	Easily adapted to automation without a separation step.
<b>Convenient:</b>	Formulated to have minimal hands-on time. No wash is required.
<b>Non-Radioactive:</b>	No special requirements for waste treatment.

## Kit Components

Components	Amount
Component A: NAD/NADH Recycling Enzyme Mixture	2 bottles (lyophilized powder)
Component B: NADH Sensor Buffer	1 bottle (20 mL)
Component C: NADH Standard (FW: 709)	1 vial (142 µg)

## Assay Protocol for one 96-well plate

### Brief Summary

**Prepare NAD/NADH reaction mixture (50 µL) → Add NADH standards or test samples (50 µL) → Incubate at room temperature for 15 minutes - 2 hours → Monitor absorbance increase at 575 ± 5 nm**

*Note: Thaw one of each kit component at room temperature before starting the experiment.*

#### 1. Prepare NADH stock solution:

Add 200 µL of PBS buffer into the vial of NADH standard (Component C) to have 1 mM (1 nmol/µL) NADH stock solution.

*Note: The unused NADH stock solution should be divided into single use aliquots and stored at -20°C.*

#### 2. Prepare NAD/NADH reaction mixture:

Add 10 mL of NAD/NADH Sensor Buffer (Component B) to the bottle of NAD/NADH Recycling Enzyme Mixture (Component A), and mix well.

*Note: This solution is enough for two 96-well plates. Any unused NAD/NADH reaction mixture should be divided into single use aliquots and stored at -20°C.*

#### 3. Prepare serial dilutions of NADH standard (0 to 10 µM):

3.1 Add 10 µL of NADH stock solution (from Step 1) into 990 µL PBS buffer (pH 7.4) to generate 10 µM diluted NADH standard solution.

*Note: Diluted NADH standard solution is unstable, and should be used within 4 hours.*

3.2 Take 200 µL of 10 µM standard solution to perform 1:3 serial dilutions to get 3, 1, 0.3, 0.1, 0.03, 0.01 and 0 µM serial dilutions of NADH standard.

3.3 Add serial dilutions of NADH standard and NAD/NADH containing test samples into a white/clear bottom 96-well microplate as described in Tables 1 and 2.

*Note: Prepare cells or tissue samples as desired.*

**Table 1** Layout of NADH standards and test samples in a white/clear bottom 96-well microplate

BL	BL	TS	TS	....	....						
NS1	NS1	....	....	....	....						
NS2	NS2										
NS3	NS3										
NS4	NS4										
NS5	NS5										
NS6	NS6										
NS7	NS7										

*Note: NS= NADH Standards, BL=Blank Control, TS=Test Samples.*

**Table 2** Reagent composition for each well

NADH Standard	Blank Control	Test Sample
Serial Dilutions*: 50 $\mu$ L	PBS: 50 $\mu$ L	50 $\mu$ L

*Note: \*Add the serially diluted NADH standards from 0.01  $\mu$ M to 10  $\mu$ M into wells from NS1 to NS7 in duplicate. High concentration of NADH (e.g., > 100  $\mu$ M, final concentration) may cause reduced signal due to the over oxidation of NADH sensor.*

#### 4. Run NAD/NADH assay in supernatants reaction:

4.1 Add 50  $\mu$ L of NADH reaction mixture (from Step 2) into each well of NADH standard, blank control, and test samples (from Step 3.3) to make the total NADH assay volume of 100  $\mu$ L/well.

*Note: For a 384-well plate, add 25  $\mu$ L of sample and 25  $\mu$ L of NADH reaction mixture into each well.*

4.2 Incubate the reaction at room temperature for 15 minutes to 2 hours, protected from light.

4.3 Monitor the absorbance increase with an absorbance plate reader at  $575 \pm 5$  nm or at the absorbance ratio of  $\sim 570$  nm to  $\sim 605$  nm to increase assay sensitivity.

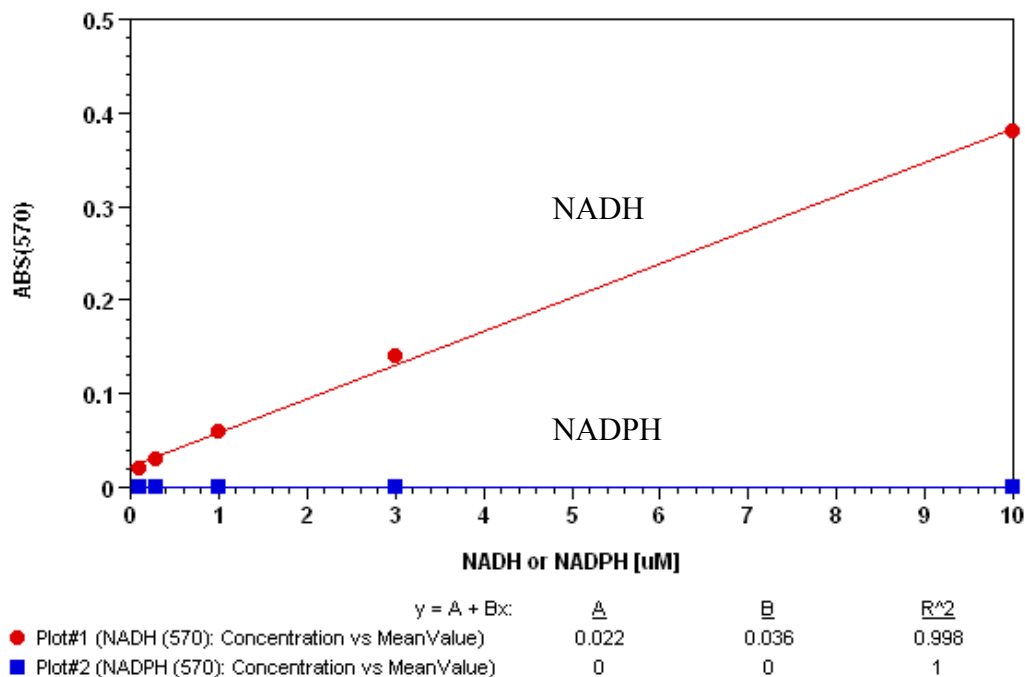
*Note1: For NAD/NADH ratio measurements, kit 15263 is recommended.*

*Note2: For cell based NAD/NADH measurements, ReadiUse™ mammalian cell lysis buffer \*5X\* (cat#20012) is recommended to use for lysing the cells.*

### Data Analysis

The absorbance in blank wells (with the PBS buffer only) is used as a control, and is subtracted from the values for those wells with the NADH reactions. A NADH standard curve is shown in Figure 1.

*Note: The absorbance background increases with time, thus it is important to subtract the absorbance of the blank wells for each data point.*



**Figure 1.** NADH dose response was measured with Amplite™ Colorimetric Total NAD and NADH Assay Kit in a white/clear bottom 96-well plate using a NOVOSTar (BMG Labtech) microplate reader. As low as 300 nM (30 pmol/well) of NADH can be detected with 1 hour incubation (n=3) while there is no response from NADPH.

## References

1. Ziegenhorn J, Senn M, Bucher T. (1976) Molar absorptivities of beta-NADH and beta-NADPH. Clin Chem, 22, 151.
2. Ikegami T, Kameyama E, Yamamoto SY, Minami Y, Yubisui T. (2007) Structure and Properties of the Recombinant NADH-Cytochrome b(5) Reductase of Physarum polycephalum. Biosci Biotechnol Biochem.
3. Kimura N, Fukuwatari T, Sasaki R, Shibata K. (2006) Comparison of metabolic fates of nicotinamide, NAD<sup>+</sup> and NADH administered orally and intraperitoneally; characterization of oral NADH. J Nutr Sci Vitaminol (Tokyo), 52, 142.
4. O'Donnell JM, Kudej RK, LaNoue KF, Vatner SF, Lewandowski ED. (2004) Limited transfer of cytosolic NADH into mitochondria at high cardiac workload. Am J Physiol Heart Circ Physiol, 286, H2237.

**Warning: This kit is only sold to end users. Neither resale nor transfer to a third party is allowed without written permission from AAT Bioquest. Chemical analysis of the kit components is strictly prohibited. Please call us at 408-733-1055 or e-mail us at [info@aatbio.com](mailto:info@aatbio.com) if you have any questions.**